

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



September 25th 2025

2025 Tokyo World Championship 20km Walks

Spain's Maria Perez successfully defended her women's 20km race walk title on Saturday (20) to complete a historic 'double double' at the World Athletics Championships Tokyo 25, after retaining the 35km version on the opening day.

The 29-year-old from Orce finished 12 seconds clear in the Japan National Stadium in a season's best of 1:25:54, with Mexico's Alegna Gonzalez taking silver in a North American record of 1:26:06. "I have been in five World Championships and this is my fourth medal. I am the happiest woman in the world," said Perez. "I did not come here today to make history in women's sport. I just came to improve myself and not focus on the time. "I responded well to the changes in pace. I knew where my limits were. It was not easy, but I managed to have time to celebrate at the end. Last time in Japan (at the Olympics in 2021), I left with a bittersweet taste (because she finished fourth). I am leaving happy now."

All the drama was in her wake, however, as an exhausted 26-year-old Nanako Fujii claimed Japan's first world medal in this event after reaching the line for third place a step ahead of the fast-finishing Paula Torres of Ecuador. Fujii, who had fought tenaciously to remain in contact with the leaders amid packed home support on the 1km looped course, set a national record of 1:26:18, with Torres – bronze medallist in the 35km race – being given the same time, which was a personal best for her.

Torres had moved into fourth place during the closing stages on the track, overtaking Peru's Kimberly Garcia Leon, who won the 20km and 35km double when it was introduced to the World Athletics Championships at the 2022 edition in Oregon. It was a noble performance from the Peruvian, who has returned to the sport after suffering severe depression following her failure to take a medal at the Paris 2024 Games. She finished in a national record of 1:26:22.

With the race walking distances changing to half marathon and marathon after the Tokyo championships, Perez will thus be the women's 20km race walk world champion in perpetuity.

Perez, peerless, had bossed the race from the start in conditions that were far fresher than those which had obtained during the 35km racing, which took place in high humidity. The defending champion reduced the number of medal contenders with a series of surges, the first of which came between the fifth and sixth kilometre, which created a lead group of 12.

At the 10km mark the group had been reduced to seven, with Perez and Leon going through in 43:37 ahead of Yang, Gonzalez, Fujii, Wu and Torres. By 15km Perez was pushing on, leading in 1:04:59 along with Gonzalez. Fujii and Leon were 0.01 behind and Wu was dropping away. One kilometre later the shape of the race had become clearer as Perez began moving clear on 1:09:09, three seconds ahead of Gonzalez and Fujii, with Leon a further three seconds back. At 18km gold appeared destined for Perez as she led Gonzalez by nine seconds, with Fujii four seconds further back but a full 10 seconds clear of Leon.

In crossing the finish line in 1:18:35 at the World Athletics Championships Tokyo 25 on Saturday (20), Brazil's Caio Bonfim claimed gold in the 20km race walk just a week after winning silver at the 35km distance. With heavy breathing and backward glances every 30 seconds on his approach to the Japan National Stadium, Bonfim overtook three contenders during the last lap to claim his title.

“I overtook the Chinese and Spanish athletes on the last lap, but I thought I was second and accelerated to try to win a medal,” he said, only learning of his win when crossing the finish line. Bonfim already had two major international silver medals and two bronze, and now he owns a first global gold.

Japan's world record-holder Toshikazu Yamanishi tops the world ranking this season and he led for much of the second half of the race, but was hit with a two-minute time penalty, taking him out of contention. Bonfim, whose strategy had been to stick with Yamanishi, then took up the lead with a few kilometres to go.

“I am very disappointed,” Yamanishi said. “I wish I had been more careful during the race. I wanted to win the gold medal, so I pushed for it. I had to go for it but that led me to disqualification. I don't know what to do now. To win in Tokyo was one of my big goals. I need to think about my next steps.”

China's Wang Zhaozhao came right after Bonfim, clocking 1:18:43 for the silver – his first World Championships medal after winning at the Asian Championships in May and claiming silver in the Asian Games in 2023. He was ranked eighth heading into the race.

Spain's Paul McGrath finished just two seconds later, clocking 1:18:45 for the bronze, his first medal at a World Championships. “A dream come true,” he said.

How the Aussies fared

In an extremely fast Women's 20km Walk **Rebecca Henderson** (VIC) produced another strong performance in Tokyo to place 21st in 1:31.05, backing up from her 9th place finish in the 35km walk last weekend. The 24-year-old, who was 31st at the 2024 Olympics and 32nd at the 2023 Worlds, was happy with her performance and is now looking forward to a well-deserved holiday in Japan. “I would have really liked to be in that top-16, but the field is really strong and has really picked up. I'm happy to stay strong and get through, especially after last week (35km),” Henderson said. “That's my fastest time at a major by a few minutes so I'm really happy with that. I'm still young, I've just got to keep pushing for the next few years and just keep working through the packs.

In her first major global championship race, **Elizabeth McMillen** (NSW) has finished 33rd, in 1:34.58. The 21-year-old, who won the World University Games earlier in the year will be one to watch over the coming years.

It was a devastating international debut for West Australian walker **Alexandra Griffin**. Griffin rolled her ankle very badly around a tight corner on the second lap of the course and despite her determination to push on, she was unable to continue and had to withdraw.

In the Men's 20km Race Walk, **Rhydian Cowley** (VIC) was the first Australian home in 20th place (1:21.18). It was another impressive performance from Cowley, who at 34 is racing at his sixth World Championships, after placing 11th in the 35km at the start of the Championships. "My legs just couldn't go with the pace early after the tough 35K a week ago. But I'm happy with how I finished and hung in there."

Cowley passed **Declan Tingay** (VIC) in the final kilometre as he paid the price for attacking the race early, finishing 23rd in 1:21.30. Tingay, who was in the lead group of 12 at halfway, before the early pace started to take its toll. "I was committed to sort of having a crack and just hooking in as long as I could. And I did that well for about 10K," Tingay said. "And then I hit a massive amount of strife, and things didn't go so well between 10 and 15. I managed to pull it back together and I made that last 5Ks as solid as it could be. I did my best to hold position but I got swamped, unfortunately, coming through to the finish line."

On debut at a major championship, **Tim Fraser** (ACT) was really pleased with his 34th place in 1:24.55. "The aim was to finish top-40, so I'm really chuffed with that. It was hard but a great experience and atmosphere on the course and in the stadium," the 25-year-old said.

And let us not forget former QRWC member Christina Papadopoulou, representing Greece, who finished 34th in a season's best time of 1:35:05.

RESULTS RESULTS RESULTS

Tokyo World Championship

20 Kilometres Race Walk Men

- 1 Caio BONFIM BRA 1:18:35
- 2 Zhaozhao WANG CHN 1:18:43
- 3 Paul MCGRATH ESP 1:18:45
- 4 Aurélien QUINION FRA 1:18:49 PB
- 5 Gabriel BORDIER FRA 1:19:23
- 6 Haifeng QIAN CHN 1:19:38
- 7 Kento YOSHIKAWA JPN 1:19:46
- 8 Diego GARCÍA CARRERA ESP 1:20:05
- 9 Satoshi MARUO JPN 1:20:09
- 10 Christopher LINKE GER 1:20:11
- 11 Leo KÖPP GER 1:20:35
- 12 Ricardo ORTIZ MEX 1:20:36
- 13 Perseus KARLSTRÖM SWE 1:20:37
- 14 Maher BEN HLIMA POL 1:20:39
- 15 Jordy Rafael JIMÉNEZ ARROBO ECU 1:20:43
- 16 Francesco FORTUNATO ITA 1:21:00
- 17 Matheus CORREA BRA 1:21:04 SB
- 18 Misgana WAKUMA ETH 1:21:17 SB
- 19 David HURTADO ECU 1:21:18
- 20 **Rhydian COWLEY AUS 1:21:18**
- 21 Álvaro LÓPEZ ESP 1:21:28
- 22 Dominik ČERNÝ SVK 1:21:29
- 23 **Declan TINGAY AUS 1:21:30**
- 24 Chenjie LI CHN 1:21:39
- 25 Veli-Matti PARTANEN FIN 1:21:41 SB
- 26 Mukola RUSHCHAK UKR 1:21:57
- 27 Serhii SVITLYCHNYI UKR 1:22:24
- 28 Toshikazu YAMANISHI JPN 1:22:39
- 29 Mateo ROMERO COL 1:22:44

30 Byeongkwang CHOE KOR 1:22:52
31 Servin SEBASTHIYAN IND 1:23:03
32 Bence VENYERCSÁN HUN 1:23:06
33 Noel CHAMA MEX 1:23:41
34 Gianluca PICCHIOTTINO ITA 1:23:50
35 Mazlum DEMIR TUR 1:24:11
36 Andrea COSI ITA 1:24:18
37 Jerry JOKINEN FIN 1:24:37
38 Erick Bernabé BARRONDO GUA 1:24:42 SB
39 Tim FRASER AUS 1:24:55
40 César HERRERA COL 1:25:01
41 Raivo SAULGRIEZIS LAT 1:27:25
42 Max Batista GONCALVES DOS SANTOS BRA 1:27:34
43 Wayne SNYMAN RSA 1:30:12 SB
José Luis DOCTOR MEX DQ (TR54.7.5)
Luis Henry CAMPOS PER DQ (TR54.7.5)
Hayrettin YILDIZ TUR DQ (TR54.7.5)
Ihor HLAVAN UKR DQ (TR54.7.5)
Alexandros PAPAMICHAIL GRE DNS

20 Kilometres Race Walk Women

1 María PÉREZ ESP 1:25:54 SB
2 Alegna GONZÁLEZ MEX 1:26:06 AR
3 Nanako FUJII JPN 1:26:18 NR
4 Paula Milena TORRES ECU 1:26:18 PB
5 Kimberly GARCÍA LEÓN PER 1:26:22 NR
6 Jiayu YANG CHN 1:27:16 SB
7 Antia CHAMOSA ESP 1:27:55 =PB
8 Quanming WU CHN 1:28:08
9 Li MA CHN 1:28:52
10 Mary Luz ANDIA PER 1:28:52
11 Pauline STEY FRA 1:28:52
12 Viviane LYRA BRA 1:29:02
13 Lyudmila OLYANOVSKA UKR 1:29:16
14 Katarzyna ZDZIEBŁO POL 1:29:31
15 Alexandrina MIHAI ITA 1:29:44
16 Antigoni NTRISMPIOTI GRE 1:29:47
17 Federica CURIAZZI ITA 1:29:48
18 Kumiko OKADA JPN 1:30:12
19 Mariia SAKHARUK UKR 1:30:38
20 Magaly Beatriz BONILLA ECU 1:30:39 SB
21 Rebecca HENDERSON AUS 1:31:05
22 Paula JUAREZ ESP 1:31:50
23 Yasmina TOXANBAYEVA KAZ 1:31:51
24 Hanna SHEVCHUK UKR 1:32:15
25 Hana BURZALOVÁ SVK 1:32:28
26 Rachelle DE ORBETA PUR 1:32:47 SB
27 Lauren HARRIS USA 1:32:50 PB
28 Vitória OLIVEIRA POR 1:33:02
29 Clémence BERETTA FRA 1:33:14
30 Evelyn INGA PER 1:33:29
31 Alejandra ORTEGA MEX 1:34:18 SB
32 Gabriela DE SOUSA BRA 1:34:28 SB
33 Elizabeth MCMILLEN AUS 1:34:58

34 Christina PAPADOPOULOU GRE 1:35:05 SB
35 Ilse GUERRERO MEX 1:35:20
36 Tiziana SPILLER HUN 1:35:32
37 Ayane YANAI JPN 1:35:44
38 Jekaterina MIROTVORTSEVA EST 1:36:25
39 Panagiota TSINOPOULOU GRE 1:37:40 SB
40 Lucy Alejandra MENDOZA MALAGON COL 1:38:05
41 Laura Cristina MOJICA CHALARCA COL 1:42:08
Alexandra GRIFFIN AUS DNF
Erica SENA BRA DNF
Sintayehu MASIRE ETH DNF
Antonella PALMISANO ITA DNF
Meryem BEKMEZ TUR DNF
Li PENG CHN DQ (TR54.7.5)
Mirna ORTÍZ GUA DQ (TR54.7.5)
Johana ORDÓÑEZ ECU DNS

2025 Little Athletics Spring Carnival

September 20th Bundaberg

Girls 700m RW Under 9

1 Mikayla Lee Algester 5:31.90
2 Brooklyn-Jayne Stothard Maryborough 6:25.77
3 Bailee Combridge Hervey Bay 7:11.69
Evie Dobson Springwood DNS

Boys 700m RW Under 9

1 Noah Scott Ormeau 5:46.66
2 Cailen Charteris Bargara Dist. 5:47.50
3 Noah Frazer Deception Bay 6:25.23

Girls 1100m RW Under 10

1 Ivy Little West Bundaberg 7:56.43
2 Holly Lawson Bargara Dist. 7:57.60
3 Annabelle Ford Maryborough 8:13.80
4 Evelyn Russell West Bundaberg 8:35.14
Mila Melnyk Noosa DNS

Boys 1100m RW Under 10

1 Yoshua Lee Algester 7:17.30
2 Bentley Harth North Rockhampton 8:29.76
3 Sydney Joseph Paterson Gladstone 8:33.74
4 Zye Flack Bargara Dist. 9:59.35
5 Cooper Vayro Ipswich 10:17.42

Girls 1100m RW Under 11

1 Bella Sansom Deception Bay 6:06.29
2 Ruby Keightley Bargara Dist. 7:30.34
3 Alexis Ogle West Bundaberg 8:10.29

Boys 1100m RW Under 11

1 Jacob Duncan Deception Bay 7:39.07
Colin Wilson West Bundaberg DQ

Girls 1500m RW Under 12

1 Indianna Keightley Bargara Dist. 8:54.21
2 Elouise Barkle Bargara Dist. 10:19.03
3 Chloe Tait Bargara Dist. 10:47.78
4 Ava Waycott Maryborough 10:50.26
5 Georgie Seth Gladstone 11:41.40
6 Kaitlin Ford Maryborough 13:33.05

Boys 1500m RW Under 12

1 Jett Irvine West Bundaberg 8:54.02

Jake Dunleavy Strathpine DQ

Girls 1500m RW Under 13

1 Amelia Chisholm Ormeau 8:45.96

2 April Kelly Strathpine 10:19.03

3 Summer Van Beek Glasshouse Dist. 11:41.39

4 Genevieve McMahon Bargara Dist. 14:36.96

Boys 1500m RW Under 13

1 Samuel Gees Bargara Dist. 12:40.53

Girls 1500m RW Under 14

1 Savannah Dunleavy Strathpine 8:28.98

2 Nataliyah Rooney North Rockhampton 9:14.71

3 Grace Waycott Maryborough 9:54.32

4 Ruby Lawson Bargara Dist 10:47.78

Boys 1500m RW Under 14

Baxter Combridge Hervey Bay DQ

Girls 1500m RW Under 15

1 Katelyn Trent Deception Bay 11:20.35

Girls 1500m RW Under 16

1 Eliza Kelly Strathpine 7:39.97

Boys 1500m RW Under 16

1 Koby Irvine West Bundaberg 6:30.52 QBP SPRBP

2 Benjamin Ford Maryborough 12:04.54

Girls 1500m RW Under 17

1 Jenny Hamilton Springwood 11:08.02

THIS WEEK

North Queensland Championships
26th – 28th of September Townsville Sports Precinct

Race Walks Friday 26th**5.35pm**

Girls 800 Metre Race Walk 10yrs (U11)

Boys 800 Metre Race Walk 10yrs (U11)

Girls 1500 Metre Race Walk 11yrs (U12)

Boys 1500 Metre Race Walk 11yrs (U12)

Girls 1500 Metre Race Walk 12yrs (U13)

Women 30-49 1500 Metre Race Walk 30-49yrs

Women 50+ 1500 Metre Race Walk 50-109yrs

5.50pm

Women 3000 Metre Race Walk 14yrs (U15)

Women 5000 Metre Race Walk U18

Men 5000 Metre Race Walk U18

Men 5000 Metre Race Walk U20

Women 5000 Metre Race Walk Open

[NQ Championships – Athletics North Queensland](#)

Queensland Athletics All Schools

October 2 - October 5

The only selection trial for the Australian All Schools Championships in Melbourne.

Thursday October 2nd

3:30pm Under 14/15/16 Female 3000m Walk

4:00pm Under 14/15/16 Male 3000m Walk

4:30pm Under 17/18 Female/Male 5000m Walk



TAFISA

WORLD WALKING DAY

 worldwalkingday.org

SUNDAY 5th OCTOBER

Let's unite the race walking
community and promote our
discipline!



Follow: [@tafisaofficial](https://twitter.com/tafisaofficial)

Get a group together and
Promote it on social media

Tag [@tafisaofficial](https://twitter.com/tafisaofficial) [@worldathletics](https://twitter.com/worldathletics)

[#worldwalkingday](https://twitter.com/worldwalkingday) [#racewalking](https://twitter.com/racewalking) [#walking](https://twitter.com/walking)

As you all know race walking has lost an event at the next Olympics and there has been a lot of speculation since 2018 over the future of the discipline at the Olympic Games.

We need to show our strength and unity under such pressure and promote to the world our great discipline that also has many applications to health and wellness!

1. Organise a training session or race around 10am on SUNDAY 5th OCTOBER
2. Take some photos and videos and upload them to social media using [Tafisaofficial](https://twitter.com/tafisaofficial) Tag [World Athletics](https://twitter.com/WorldAthletics) your national federation and [Olympics](https://twitter.com/Olympics) [#worldwalkingday](https://twitter.com/worldwalkingday) [#racewalking](https://twitter.com/racewalking) [#athletics](https://twitter.com/athletics) [#marchaatletica](https://twitter.com/marchaatletica) [#marcheatletique](https://twitter.com/marcheatletique) etc.
3. Keep promoting and supporting race walking in your local area.

[World Walking Day - 24 Hours Around the Globe](https://www.worldwalkingday.org)

Thanks in advance for your support

Jane Saville Bronze Medallist 20km Race Walk, Athens 2004

Queensland Athletics Track Season

November 1st QSAC 3,000 metres
November 8th UQ 5,000 metres QA Championships
November 22nd QSAC 10,000 metres
November 29th QSAC 3,000/5,000 metres
January 11th QSAC 3,000/5,000 metres
January 17th QSAC 3,000/5,000 metres
February 21 QSAC 3,000 metre / 10,000 metres QA Championships
February 28th UQ 3,000 Metre Championships
March 7th QSAC 3,000/5,000 metres
March 25th QSAC 5,000 metres

Australian Marathon Race Walking Championships Saturday, 29 November Stromlo Forest Park, Canberra

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

The event is open to both senior men and women. Athletes should only enter if they expect to finish under 4:10.

2025 Australian All Schools Athletics Championships Melbourne December 4-7th

The 2025 edition will take place from 4-7 December, with the National Schools Challenge taking place the following day on December 8th.

Draft Timetable as at 25 June 2025

04-12-2025

17:15 Female 3000m Race Walk U14 Final
17:40 Male 3000m Race Walk U14 Final
18:05 Female 5000m Race Walk U18 Final
18:05 Female 5000m Race Walk U17 Final
19:05 Male 5000m Race Walk U18 Final
19:05 Male 5000m Race Walk U17 Final

06-12-2025

17:10 Female 3000m Race Walk U16 Final
17:10 Female 3000m Race Walk U15 Final
18:10 Male 3000m Race Walk U16 Final
18:10 Male 3000m Race Walk U15 Final

Australian Masters Athletics Championships Australian Institute of Sport, Leverrier Street, Bruce ACT March 6-9th 2026

Draft Walks Programme

Friday 6th 1,500 metres AIS track
Saturday 7th 5,000 metres AIS track
Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>



Australian Athletics Championships
Sydney Olympic Park Athletic Centre April 9-12, 2026

Aligned 2026 National Junior Athletics Championships
QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates and details for the inaugural aligned athletics championships in Brisbane in 2026.

Both events will be conducted in Brisbane at the Queensland Sports and Athletics Centre (QSAC).

April 12 – 14: Australian Little Athletics Championships

April 15 – 20: Australian Athletics Junior Championships

Across both events athletes from around Australia will compete as part of a celebration of the sport and its growing success as we head towards a 2032 home games.

“Brisbane gives our juniors and Under-20 athletes the chance to be inspired by a future Olympic and Paralympic city,” Australian Athletics CEO Simon Hollingsworth said.

“These championships represent the emerging talent in our sport, and we’re thrilled to give this event the separate spotlight that it deserves.”

The draft timetable for both events will be available closer to the Championships, noting that Under 14 events will be held towards the start of the Australian Junior Athletics Championships to enable athletes who wish to compete in both championships to minimise travel costs.

AA and LAA have agreed to a number of changes in 2026 to the two events. In summary:

The youngest age group at AAJC will be Under 14 (athletes born in 2013, or for PV and HT only, 2014). AAJC will not include an Under 13s competition (athletes born in 2014 or later).

The age groups competing at the ALAC will be

Under 12 – Athletes born in 2014 and

Under 13 – Athletes born in 2013 (LAA age group definition) and will not include any age groups for athletes born before 2013.

Eligibility for both championships will be open to the whole of sport.

ALAC will have increased team numbers to provide more opportunities for national championships for athletes across the whole of sport.

Little Athletics athletes who achieve the requisite AA entry standards will be eligible to compete in the AAJC.

ALAC Entries will be managed/facilitated through LAA Member Associations.

AAJC Entries will be managed/facilitated through AA State Member Associations.



QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025* – 30 SEPTEMBER 2026

***season to open early for All Schools in 2025 on 01 September**

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

Click here to register [Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Membership Options

Membership Level	Cost (plus club fee*)	QA Shield Meet Entry	QA Championship Entry	Cross Country Series	Eligible for QLD Team?
Platinum	\$250	FREE	\$10/event	\$12	✓ Yes (All events)
Gold	\$150	\$18	\$22/event	\$12	✓ Yes (All events)
Base & Qrun	\$12	\$32	\$32/event	\$12	✗ Not eligible

Non-Competing Members

Role	QA Fee	Notes
Volunteer	\$0	Club volunteers for operations & comps
Committee Member	\$0	Must be registered members
Official	\$0	Must be accredited with Australian Athletics
Coach	\$0	Must be registered and accredited

◆ **Blue Card Required** (Working with Children Check)

📍 Check with your club or visit bluecard.qld.gov.au

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking:

- *Contact: The athlete must never have both feet off the ground at once.*
- *Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.*

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President: J Blackburn

Secretary: N. McKinven

Treasurer: Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Vice Captains: Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

WOOLWORTHS SUPPORTS QRWC

[Woolworths](#) has very kindly and generously provided the QRWC with a **\$500 Woolworths eGift Card** in recognition of what the QRWC does to foster local sport and community spirit here in Queensland. This will be used for the benefit of all of our athletes as we continue to promote the positive impacts of exercise and healthy nutrition.

Thank you **#WoolworthsSportsGrants**